

FootwoRx 29th ANNUAL FOWL FUN RUN



Date: Saturday, November 10, 2007

Time: Registration 8:45 to 9:45 am

Race begins at 10:00 am

Entry fees: (non-refundable)

Pre-registered with shirt (short sleeve) by Nov. 01 \$18.00
 Pre-registered without shirt by Nov. 01 \$9.00
 Day of race \$10.00
 Youth, ages 12 & under, without race shirt **FREE**
 Older Adults 70 & over, without race shirt **FREE**

A limited amount of T-shirts MAY be available for sale on the day of the race. Location: Skagit County Fairgrounds

Distances: 10K run (certified course) & A 2 mile run / walk Course
 Absolutely flat and fast!

Mail form and entry fee to:
 Skagit Runners
 P.O. Box 120
 Burlington, WA 98233



Trophies: to the first overall male and female finishers in each distance.
Ribbons: to the first three finishers in each division. Finishers ribbons to the first 300 finishing participants.
Turkeys: All entrants eligible to win one of 20 ten pound turkeys.
Spring Chicken Awards: to the youngest and oldest competitors.

For information or registration call
 FootwoRx at (360) 336-2475, (360) 676-9679 or call
 Race Director, Kevin Ryan at (360) 510-4288
 Registration forms and race results at
www.skagitrunners.org
 & FootwoRx

Name(Please Print)	Date of birth
Address	Age on day of race
City, State, Zip	Gender (Male /Female)
E-Mail address	
Phone Number	

Statement of Release
 In consideration of the acceptance of my entry, I do hereby, for myself & heirs executors & administrators waive release and forever discharge any & all rights & claims for damages which I may have or which may hereafter accrue to me against the Skagit Runners, FootwoRx, and Skagit County or its respective officers, agents, representatives, successors or anyone else associated with this race, for any or all damages which may be sustained or suffered by me in connection with my participation in this event. I understand that insurance coverage is NOT provided for this event. I have read the above statement. I attest and verify that I have knowledge of the risks involved in this event & that I am physically fit and sufficiently trained to participate in this event.

Please circle shirt size:
Race t-shirt, short -sleeve (adult sizes) **Small** **Medium** **Large** **X-Large**

Distance (circle)	2 mile	10K (6.2 mile)				
Division (circle)	6 & under	7-8	9-11	12-14	15-19	20-29
	30-39	40-49	50-59	60-69	70+	

Signature (If under 18, parent must sign) _____ Date _____

Amount Paid _____

Date _____

Check# or Cash _____