

2010 Lost Lake 50K Detailed Course Description

Leg 1 = 4.4 miles from start to AID 1

1.7 North on Interurban Tr.
0.6 up Cleator Rd.
1.5 South on \$2.00 Tr.
0.6 Clockwise around Fragrance Lake

4.4 miles from Start

Leg 2 = 4.2 miles from AID 1→AID 2

2.1 down Fragrance Lake Rd.
0.3 to Fragrance Lake Tr.
1.8 up Fragrance Lake Tr. To AID 2

8.6 miles from Start

Self Serve H2O stop 7.1 Miles from Aid 2 (New this year)

15.7 miles from start

Leg 3 = 10.3 miles from AID 2→AID 3

0.2 to Chin scraper
0.8 up Chin scraper
0.1 to Chuckanut Ridge Tr.
3.0 North on Chuckanut Ridge Tr.
0.2 up Salal Tr.
1.4 down Hush Hush Tr.
0.3 down N. Lost Lake Tr.→Hemlock Tr.
2.7 up Hemlock Tr.
1.6 down Pine & Cedar Lakes Tr.

18.9 miles from Start

Self Serve H2O stop 3.2 Miles from Aid 3 (New this year)

21.9 miles from Start

Leg 4 = 9.7 miles from AID 3→AID 4

1.6 up Pine & Cedar Lakes Tr.
1.6 down Hemlock Tr.
0.2 up Salal Tr.
0.7 up Madrone Crest Tr.
4.2 up N. & E. Lost Lake Tr.
1.2 down S. Lost Lake Tr.
0.2 up Fragrance Lake Rd. to AID 4

28.6 miles from Start

Leg 5 = 4.4 miles from AID 4→Finish

0.2 to Fragrance Lake
0.4 counterclockwise around Frag. Lk.
1.5 North on \$2.00 Tr.
0.6 down Cleator Rd.
1.7 on Interurban to Finish

33 miles from Start